

What Can We Do For You?

The system of care coordinators are available for:

- Training on System of Care values and principles for agencies and families
- Interagency collaboration
- New service expansion
- Individualized strength based training
- System of Care technical assistance
- Cultural Competence education

System of care is not a program — it is a philosophy of how care should be delivered.

System of care is an approach to services that recognizes the importance of family, school and community, and seeks to promote the full potential of every child and adult by addressing their physical, emotional, intellectual, cultural and social needs.

Who to Call?

Your Child System of Care Coordinator for Mental Health Services of Catawba County is:

[Tara Conrad at 828-323-8051](tel:828-323-8051)

tconrad@catawbacountync.gov

Your Adult System of Care Coordinator for Mental Health Services of Catawba County is:

[Jamie Sales at 828-323-8053](tel:828-323-8053)

jsales@catawbacountyncogov

1985 Tate Blvd, SE
Suite 529
Hickory, NC 28602
828-327-2595
1-877-327-2593 (toll free)



“Collaboration is achieved once everyone places their issues aside and blends their efforts to make something new happen.”

System of Care

Families and Agencies Working Together as Community Partners – Meeting the Needs of Children, Adults, and Families

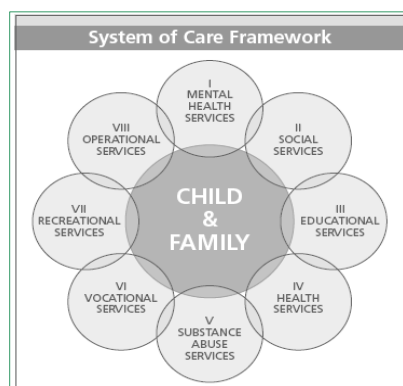


MENTAL HEALTH SERVICES OF CATAWBA COUNTY

Serving Burke & Catawba Counties
1985 Tate Blvd SE, Suite 529
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WHAT IS SYSTEM OF CARE?

System of Care is a nationally recognized framework for organizing and coordinating services and resources into a comprehensive and interconnected network. The goal is to work in partnership with individuals and families who need services or resources from multiple human service agencies to be safe and successful at home, in school, and in the community, and through this assistance, make the community a better place to live. System of Care builds on individual and community strengths, and makes the most of existing resources to help children, adults, and families achieve better outcomes.



FOR FAMILIES:

- Families are full partners on their child and family teams.
- Puts families in the driver's seat.
- Child-centered, family focused, family driven.



- Families are experts in resources to their own members, other families, programs, and to communities.
- Community based, least restrictive, most normative environment that is clinically appropriate.
- Sensitive and responsive to cultural differences and special needs.

FOR PROVIDERS:

Characteristics of System of Care include:

- Multidisciplinary teams and blended resources
- Comprehensive service array
- Focus on prevention/early intervention
- Community based ownership
- Creation of "self-help" and active participation
- Family as focus
- Strengths-based assessments
- Families as "partners" and therapeutic allies
- Cultural competence
- Coordination with informal and natural supports
- Individualized/wraparound approach
- Outcome/results-oriented accountability
- Funding tied to populations